

# Limeworth

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## X-Ray & Ultra-Sound

**Address: 849 Upper Wentworth St, Suite 102, Hamilton, ON L9A 5H4**  
Across from CF Limeridge Mall in the Wentworth Limeridge Medical Centre

**Questions / Concerns - please call 905-574-7755 or email [849xray@gmail.com](mailto:849xray@gmail.com)**

**Please note that if you are unable to make it to your scheduled appointment, please call / email us to cancel / modify AT LEAST 24 hours in advance to avoid cancellation fees.**

**Please bring your doctor's requisition and valid Ontario health card to your appointment.**

### **Abdominal Ultrasound**

Nothing to eat or drink after midnight. Do not chew gum or drink coffee/tea the morning of the study.

Children under 10 years old - nothing to eat or drink 4 hours before the test.

### **Abdominal And Pelvic Ultrasound (combined)**

Nothing to eat after midnight. Do not chew gum or drink coffee/tea the morning of the study.

Drink 4 large glasses of water (1 litre) to be finished one (1) hour before the examination.

**DO NOT EMPTY YOUR BLADDER.**

### **Pelvic Ultrasound Male and Female**

Drink 4 large glasses of water (1 litre) to be finished one (1) hour before the examination.

DO NOT EMPTY YOUR BLADDER.

\* A **female** pelvic exam may require a transvaginal study for optimum diagnostic results.

### **Male Pelvic and transrectal Ultrasound**

Fasting 8 hours, take a laxative the night before and Drink 4 large glasses of water (1 litre) to be finished one (1) hour before the examination.

DO NOT EMPTY YOUR BLADDER.

### **Kidney and bladder (KUB) Ultrasound**

Fasting for 8 hours and Drink 4 large glasses of water (1 litre) to be finished one (1) hour before the examination. DO NOT EMPTY YOUR BLADDER.

### **Obstetrical Ultrasound Or IPS Ultrasound**

Dating 6-13 weeks: Drink 4 large glasses of water (1 litre) to be finished one (1) hour before the examination. DO NOT EMPTY YOUR BLADDER.

\* A female pelvic exam may require a transvaginal study for optimum diagnostic results.

Pregnancy 18-21 weeks: Drink 2 large glasses of water (1 litre) to be finished one (1) hour before the examination. DO NOT EMPTY YOUR BLADDER.

\* A female pelvic exam may require a transvaginal study for optimum diagnostic results.

### **Thyroid, Scrotum, Breast Ultrasound**

No preparation.

### **Small Parts (extremity) Ultrasound**

No preparation.

### **Musculoskeletal (MSK) Ultrasound**

No preparation.

### **Mammogram / OBSP Screening**

Avoid using deodorant, antiperspirant, lotions, creams, powders or perfumes under your arms or on your breast the day of the test.

### **Bone Mineral Density (BMD)**

Wear clothing with no buttons or zippers.